The Ozarks Methodist Manor

A Tradition Of Caring Since 1925

Continuing Care Retirement Community

205 S. College □ P.O. Box 403 □ Marionville, MO 65705 (417) 258-2573

The Manor Newsletter — September 2026

Management Team

Wayne Rainey, LNHA: Executive Director
Donna Harris, LPN: Residential Health/Wellness Director
Jenni Clayton, RN: Director of Nursing Services
Clarissa Vincent, RN: Asst. Director of Nursing Services
Tammy Campbell: Social Services Director
Leslie Julius-Hagg: Health Center Activity Director
Renae Carson: Residential & Independent Activities
Amy McDowell: Food & Dining Services Director
Dana Kromas: Human Resources Director
Stephanie Campbell: Community Relations Director
Dave McCormack: Director of Plant Op/Environmental
and all our hardworking Manor Staff





Caregiver of the Month

Congratulations Soledad Salas Garcia
Residential Care, MA-1



Soledad is a quiet and compassionate caregiver, gentle in nature. She is a hard worker and always dependable. Soledad takes good care of our residents and treats them with utmost respect and kindness. The residents all love and trust her. Congratulations Soledad, we are so blessed to have you on our Manor team!



September Birthdays & Anniversaries

September 05th – Judy Galloway
September 08th – JR McGrew
September 12th – Nikki Ormsby
September 13th – Jenive Herrin
September 14th – Perryleane Lingle
September 19th – Virginia Setlik
September 23rd – Jim Seratt
September 24th – Connie Tyler
September 25th – Judith Lahmon
September 27th – Clara Randles
September 27th – Cathy Noll
September 30th – Amanda Irwin

Bob & Mary Singleton – 9/25/1964



Autumn 2026 will start Monday, September 22nd (day of the fall equinox) and will end on Sunday, December 21st with the winter solstice.

"JUST TO NAME A FEW…"

Cottage & Apartment Resident Activities in September

*(*Call Renae to reserve a seat on the bus for Outings)*

9/01: The Manor Men's Breakfast: Delozier Dining Room – 7:30 am
9/01: Sing A Long: Delozier Dining Room – 2:00 pm
9/03 & 9/17: Nail Salon: Alice Lounge – 10:00 am
9/03: Password: Alice Lounge – 1:30 pm
9/07: **HAPPY LABOR DAY** *(The Manor Office is closed today)*
9/08: Resident Council Meeting: Delozier Dining Room – 2:00 pm
9/10: *Outing: Lunch at The Train Station Grill in Hurley – 11:00 am
9/12: Slow Steppers: Heady Bar-B-Que in Republic -11:30 am
(RSVP to Jose & Jacquee Diaz)
9/13: **HAPPY GRANDPARENTS DAY**
9/14: Gospel Ministry: Delozier Dining Room – 11:30 am
9/15: Food Meeting for Residents: Delozier Dining Room – 2:00 pm
9/17: Birthday/Anniversary Party & Music: Delozier DR - 2:00 pm
9/18: *Outing: Applefest in Downtown Marionville – 1:30 pm
9/19: Applefest Parade (Manor Float & Golf Carts) – 10:00 am
9/22: White Squirrel Coffee Shop: Delozier Dining Room – 8:00 am
9/22: Fall Craft (Door Hangers): Alice Lounge – 1:30 pm
9/23: Court Rep Meeting: Cottage Clubhouse – 9:00 am
9/24: Games with Janice: Alice Lounge – 10:00 am
9/24: *Outing: Murphys Apple Orchard & Country Drive – 1:30 pm
9/28: MO Good Neighbor Week Kickoff: Delozier DR – 2:00 pm
(Music with Aaron L. Turner & Ice Cream Floats)
9/29: Movie & Popcorn (Solo Mio): Delozier Dining Room – 1:30 pm

… just to name a few…

THE MANOR COURT FALL DECORATIONS CONTEST

FALL IS UPON US!

It's that time of year again. Time for our FALL COURT DECORATING CONTEST, a competition between our 7 Independent Living Courts to see who can decorate outside their homes, their yards, and the Court common areas BEST in the beauty fall has to offer!

The competition categories are:

Best Decorated Court Sign, Best Decorated Court (as a whole), Top 5 Best Decorated Homes

The first week of October, a select panel of judges will drive through each Court to grade the decorations and determine the Court finalists. Winners will be announced at the October Resident Council Meeting and rewarded with a pizza party hosted by The Manor!

SO COURTS, LET THE FALL DECORATING BEGIN!
Get creative and start putting out your beautiful fall decorations. Let's help display the beauty fall brings to the Ozarks by reflecting that beauty in our Manor Courts for all those who visit to see.

For questions, call Stephanie Campbell at (417) 258-2573





Antiques & Collectibles Show & Tell

















JUST FOR FUN…

….a few of our Health Center & Memory Care activities this month….

**Apple Pie Contest *AppleFest Parade*
**Murphy Orchard & Country Drive*
**National Cheeseburger Day (Memory Care)*
**Horse Races *Worship w/Pastor Mark*
**Ice Cream Socials *Bingo *Gospel Team*
**Dulcimer Music w/Carol *Walking Club*





Karaoke Night Wednesdays at The Manor

National Night Out

with Neighbors & Friends



A word of thanks to Rachel Sanford in Albright Court for hosting this important community event!






Good brain health for older adults involves lifelong learning, mental challenges, and social connections. Keeping the mind active helps protect memory and supports overall well-being as you age.

Daily Mental Activities

- Do crossword puzzles or word searches.
- Play strategy games like chess or checkers.
- Learn to play a new musical instrument.
- Read books, magazines, or articles on new topics.

Physical and Lifestyle Habits

- Walk or do light exercise daily to boost blood flow to the brain.
- Eat a balanced diet with leafy greens, fish, berries.
- Sleep seven to eight hours every night.
- Stay connected with friends and family.

Mindfulness and Stress Relief

- Practice slow, deep breathing to calm the mind.
- Spend time in nature.
- Write in a daily journal.



SeniorAge Agency on Aging

Food & Dining Services Director: Amy McDowell

September brings a shift in season from summer to crisp autumn routines, making it an ideal time to reset your habits. Apples and pears are packed with fiber and crispness. Squash and pumpkin are rich in beta-carotene and vitamin A. Root vegetables are sweet potatoes and beets providing steady grounding energy. Treat September like a second January to notice the shorter days and lean into slower, cozy evening rhythms.

News from "The Green Room"



The Sweat Shop ladies sometimes need a break!

Summer Frights Celebration



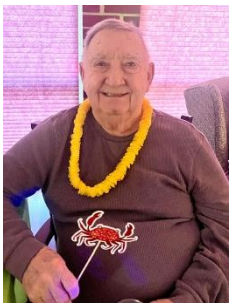






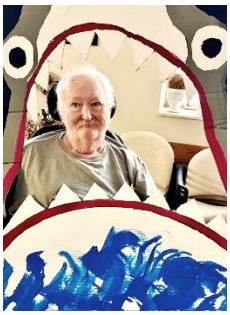


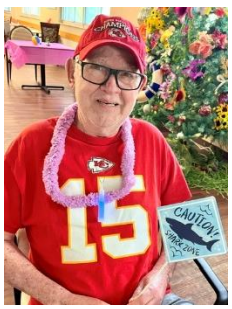




















Shark Attack



